

Drinking guidelines used in the context of early identification and brief interventions in Europe: overview of RARHA survey results

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 **RARHA**
REDUCING ALCOHOL RELATED HARM

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WP5: Outline of the work (tasks)

1. Overview of drinking guidelines given in MS and of their main features (ISS)
- 2. Overview of the use of drinking guidelines in the context of Early Identification and Brief Interventions (EIBI) on Hazardous/Harmful Alcohol Consumption (HHAC) in PHC and other settings, drawing in particular on projects ODHIN and BISTAIRS (ISS)**
3. Overview of guidelines on drinking by young people (LWL)
4. Overview of science underpinnings drawing on recent work done for Australian and Canadian guidelines (THL)
5. Overview of "standard drink" definitions across the EU and of main approaches to increase awareness of such tools for monitoring alcohol consumption (HSE)
6. Mapping consumer views on risk/safety communication as an approach to reduce alcohol related harm by on-line surveys in 16 MS (EUROCARE)
7. From science to practice: Expert/policymaker meeting (at ISS) to discuss preliminary results and conclusions from the overviews and to help develop a policy Delphi survey (THL)
8. Second Expert/policymaker meeting to foster dialogue on good practice principles in the use of drinking guidelines as a public health measure drawing on all previous tasks
9. Coordination and production of synthesis report (THL)



- ✓ The questionnaire has been submitted by email (July 2014) to the **country representatives** of the Committee on National Alcohol Policy and Action - **CNAPA** as experts with qualified experience and competence on the specific topic
- ✓ Participants were asked to:
 - **check the validity of the information** derived from a preliminary ISS review of sources of information on the use of low risk drinking guidelines in EIBI (*“review of available sources”*)
 - **provide the most updated and reliable information** for their Country (*“RARHA survey”*)
- ✓ Detailed **instructions to fill in the Country report/Questionnaire, standardizing the data collection** were provided
- ✓ The present version of this overview has been amended (May 2016) with all corrections suggested by respondents to the 2014 survey. Data on guidelines/recommendations issued after the data collection were not included.



The RARHA survey questionnaire

RARHA WP5-Task2 Guidelines on early identification and brief intervention

Legend of review sources:

	ODHIN Assessment tool report 2013
	BISTAIRS Brief expert survey on the status quo of BI implementation in EU 2013
	WHO Status report on alcohol and Health in 35 EU countries 2013

The different background colours are present only when the specific variable was investigated in the corresponding source (null if missing)
 X=Contradictory information among data available from different sources

Investigated aspects	Variables	Codes, categories and format	Review of available sources X	RARHA survey
Guidelines on early identification and brief intervention for Hazardous and Harmful Alcohol Consumption (HHAC)	Is there a formal governmental organization, or organization appointed/contracted by the government that has the responsibility of preparing clinical guidelines for managing HHAC?	1=Yes 2=No 3=Inconsistent	1 3	1
	Are there multidisciplinary guidelines for managing HHAC in your country that have been approved or endorsed by at least one health care professional body or scientific societies?	1=Yes 2=No 3=Inconsistent 4=Under preparation	1 1	1
	Are there guidelines or recommendations for BI / Treatment	1=Yes	1	1



The sources of available information are:

Optimizing Delivery of Health Care Interventions (ODHIN)

ODHIN ASSESSMENT TOOL –REPORT
A description of the available services for the management of hazardous and harmful alcohol consumption
Deliverable D6.1, Work Package 6

Claudia Gandin
Emanuele Scafato

December 2013

http://www.odhinproject.eu/resources/documents/cat_view/3-odhin-project-documents/6-technical-reports-and-deliverables.html

Project BISTAIRS

Brief Interventions in the Treatment of Alcohol use disorders in relevant settings

Report on WP4

Survey results

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http://www.bistairsts.eu/material/WP4_BISTAIRS_survey.pdf

Status Report on Alcohol and Health in 35 European Countries 2013

http://www.euro.who.int/_data/assets/pdf_file/0017/190430/Status-Report-on-Alcohol-and-Health-in-35-European-Countries.pdf

✓ **31 European countries addressed**

(all RARHA associated and collaborating countries + 1 additional country*).

✓ **30 out of 31 European countries replied**

(Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic*, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Norway, The Netherlands, Poland, Portugal, Romania, Slovenia, Spain, Sweden, Switzerland, United Kingdom).

✓ **Slovakia did not reply**

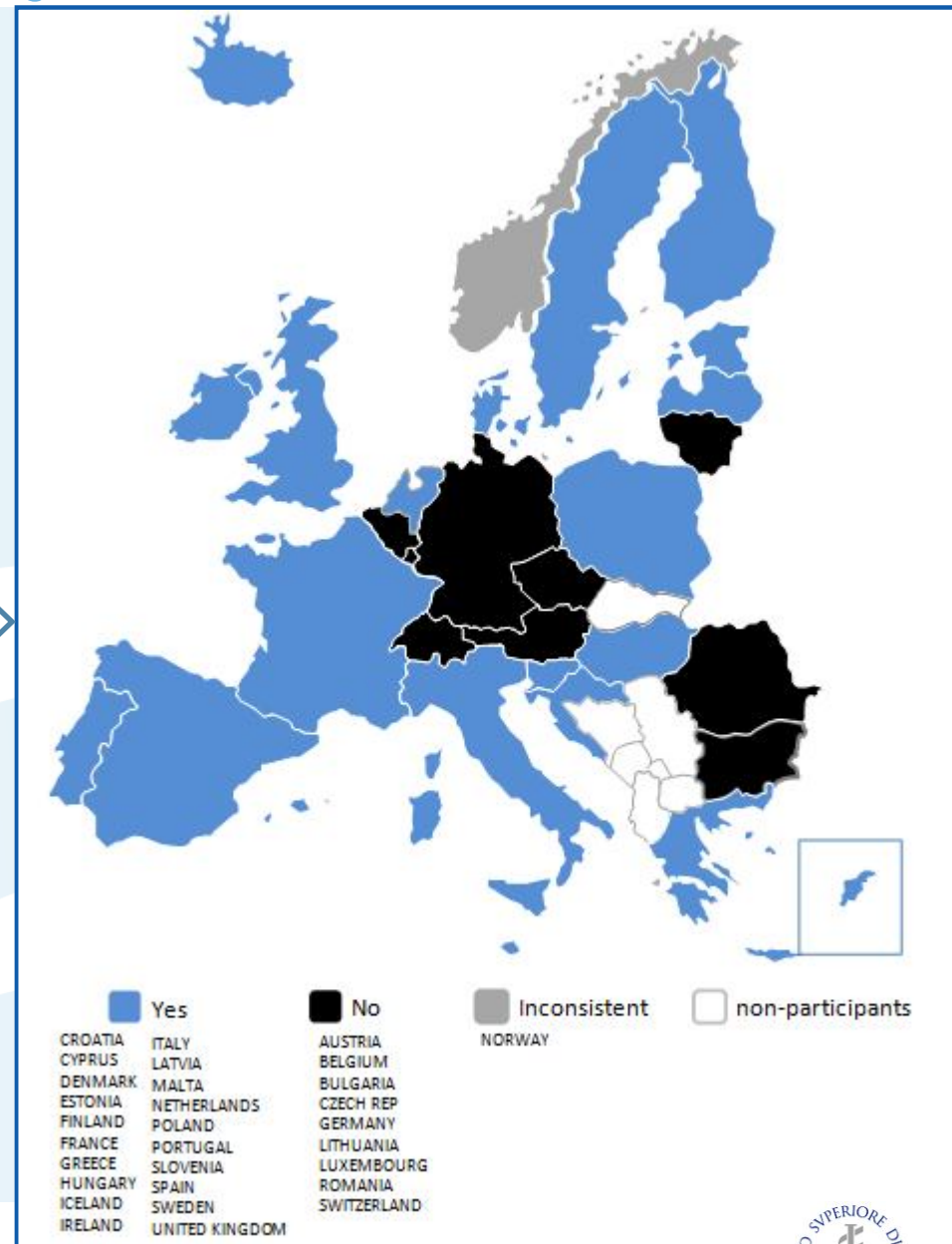
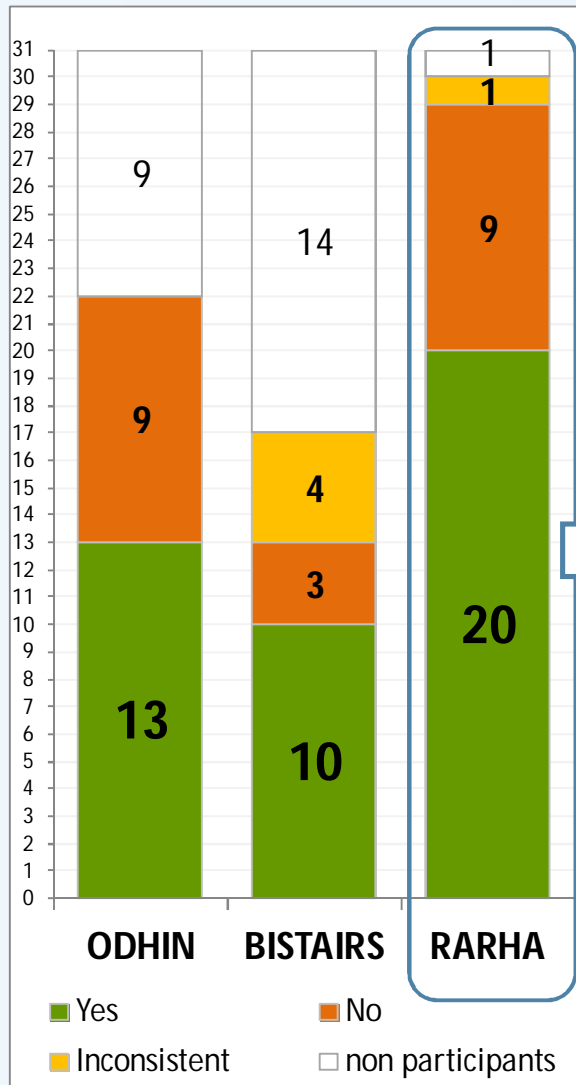


Drinking guidelines in EIBI context in EU countries

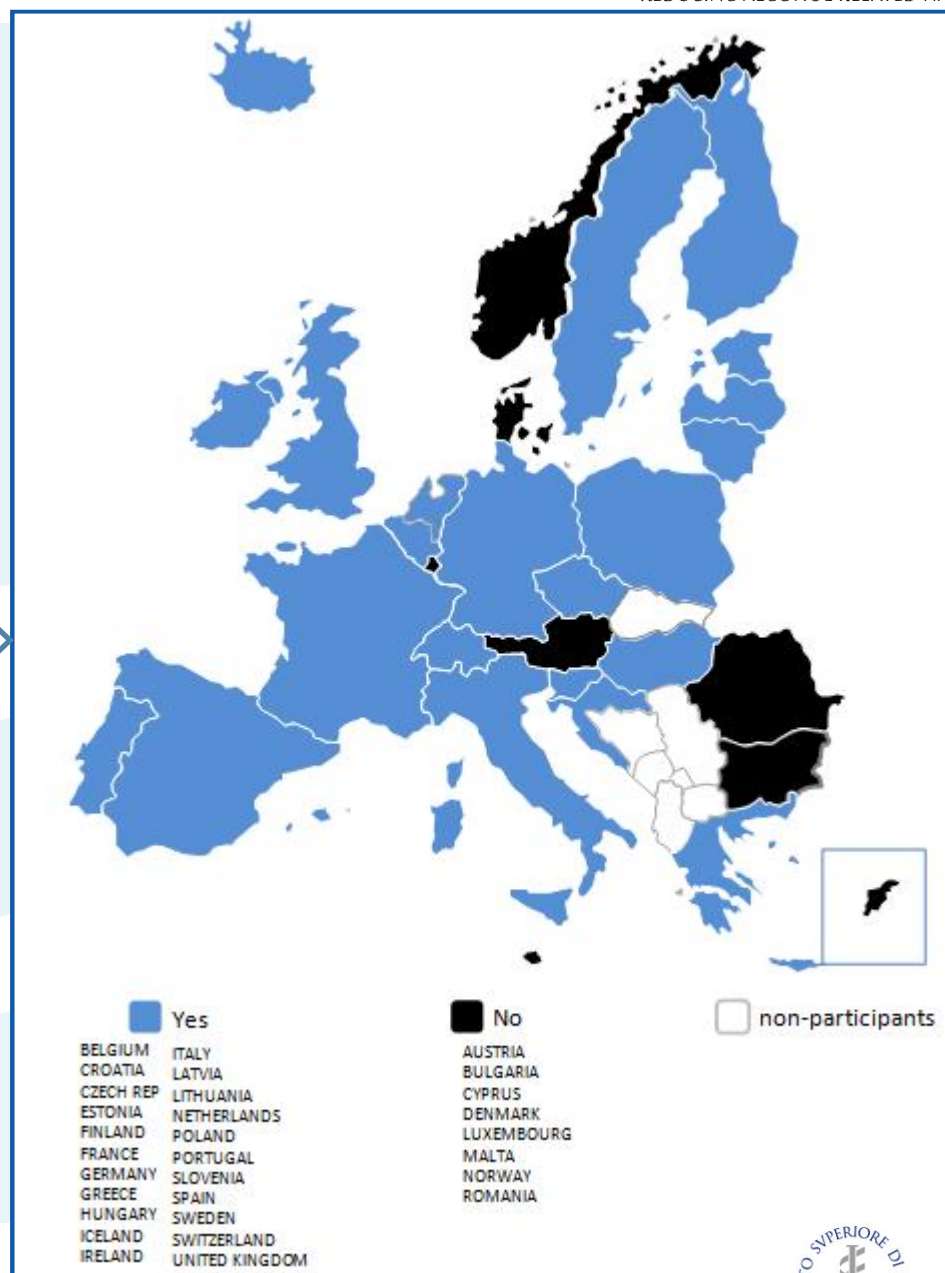
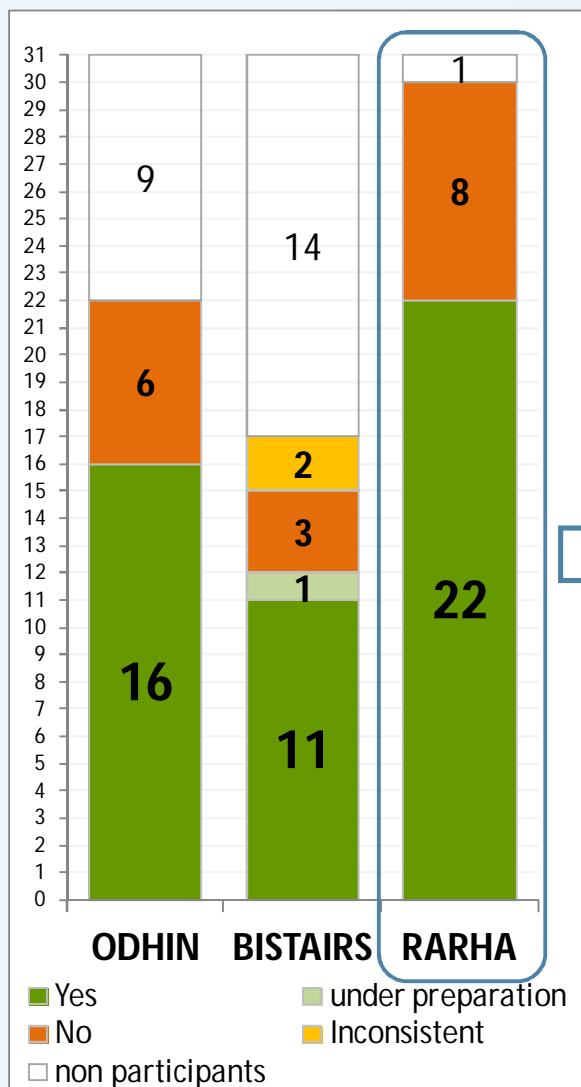
Country	Source				Is there a formal governmental organization, or organization appointed/contracted by the government that is responsible for preparing clinical guidelines for managing HHAC?			Are there multidisciplinary guidelines for managing HHAC in your country that have been approved or endorsed by at least one health care professional body or scientific societies?			Guidelines or recommendations for BI / Treatment	
	ODHIN	BSTAIRS	WHO 2013	RARHA	1= Yes ; 2=No ; 3=Inconsistent			1= Yes ; 2=No ; 3=Inconsistent ; 4=Under preparation				
AUSTRIA						2	2		2	2		
BELGIUM					2	3	2	1	1	1		
BULGARIA							2			2		
CROATIA					1		1	1		1		<input checked="" type="checkbox"/>
CYPRUS					1		1	2		2		
CZECH REPUBLIC					2	3	2	1	1	1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
DENMARK						1	1		3	2	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
ESTONIA					2		1	2		1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
FINLAND					1	1	1	1	1	1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
FRANCE							1			1		<input checked="" type="checkbox"/>
GERMANY					2	1	2	1	1	1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
GREECE					2	1	1	2	2	1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
HUNGARY							1			1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
ICELAND					1		1	1		1		<input checked="" type="checkbox"/>
IRELAND					1	1	1	1	1	1		<input checked="" type="checkbox"/>
ITALY					1	1	1	1	1	1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
LATVIA					1		1	1		1		<input checked="" type="checkbox"/>
LITHUANIA						2	2		1	1		<input checked="" type="checkbox"/>
LUXEMBOURG							2			2	<input checked="" type="checkbox"/>	
MALTA					1		1	2		2		<input checked="" type="checkbox"/>
NETHERLANDS (THE)					1	1	1	1	1	1		<input checked="" type="checkbox"/>
NORWAY							3			2		
POLAND					2	3	1	2	3	1		<input checked="" type="checkbox"/>
PORTUGAL					1	1	1	1	4	1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
ROMANIA					2		2	2		2		
SLOVAKIA						2			2			
SLOVENIA					2		1	1		1		<input checked="" type="checkbox"/>
SPAIN					1	1	1	1	1	1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
SWEDEN					1	3	1	1	1	1		<input checked="" type="checkbox"/>
SWITZERLAND					2		2	1		1		
UNITED KINGDOM					1	1	1	1	1	1		<input checked="" type="checkbox"/>



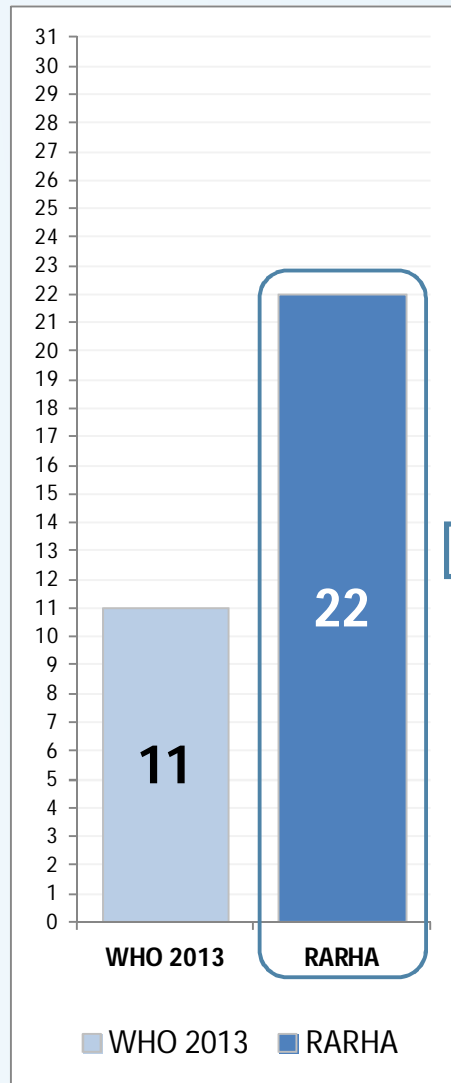
1) Formal governmental organization (or similar) responsible for clinical guidelines for managing HHAC



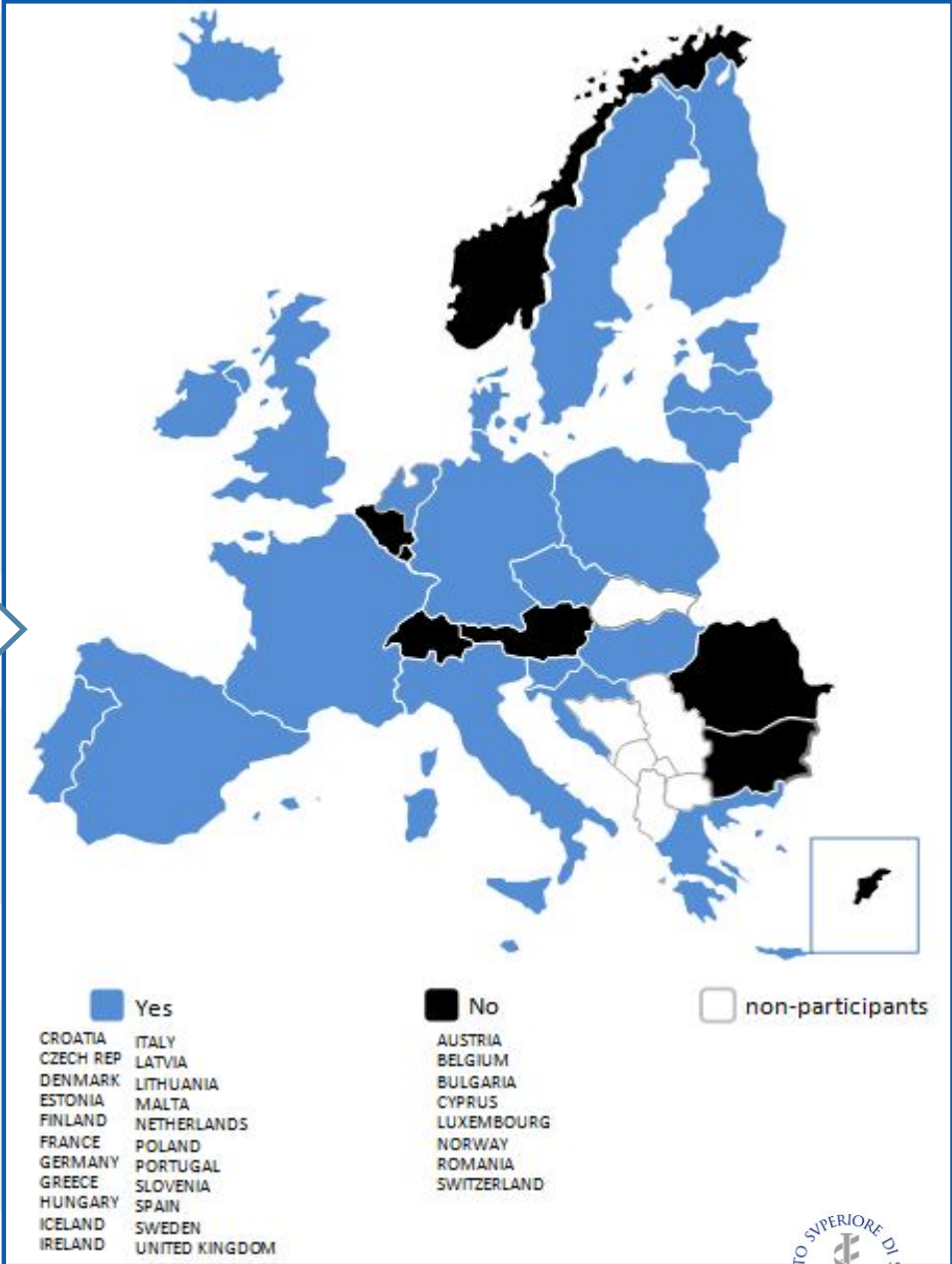
2) Multidisciplinary guidelines for managing HHAC in EU countries ...



3) Guidelines or recommendations for BI / Treatment



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Drinking guidelines are used in the context of early identification and brief interventions in Europe:

- ✓ The number of organizations formally appointed to develop clinical guidelines for managing HHAC has increased over time **(20/31)**
- ✓ The large majority of investigated countries **(22/31)** has multidisciplinary guidelines for managing HHAC
- ✓ Guidelines or recommendations specific for BI/ treatment are available in **22/31** EU countries

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